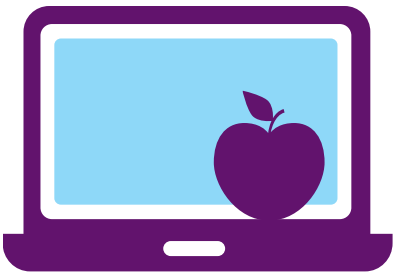
Cigna Healthy Rewards®

Looking for more healthy choices? WE'LL HELP.

From acupuncture to natural supplements. Aerobic classes to therapeutic massage. You and your family have health choices like never before. And as part of our ongoing efforts to help people make healthy choices that lead to healthier lifestyles, the Cigna Healthy Rewards* program offers discounts on a wide variety of health programs and services – and it's available at no additional cost if you have a Cigna life, accident, disability, critical illness or accidental injury plan.

Reward yourself

Cigna Healthy Rewards gives you more health care choices and saves you money. There's no time limit or maximum to Healthy Rewards, so you and your covered family members can use them whenever you need them. Enjoy instant savings when you visit a participating provider or shop online.



No referrals. No claim forms. No catch.

You value your health enough to make smart choices. A better, healthier lifestyle is only a click away. Simply visit the Healthy Rewards website to print out a wallet card that you and your covered family members can present to any Healthy Rewards provider to get your discount.

GO YOU℠

Cigna®

Offered by: Connecticut General Life Insurance Company, Life Insurance Company of North America and Cigna Life Insurance Company of New York.

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The following Healthy Rewards programs are available to you and your family members.

Weight management and nutrition

Healthyroads™ weight management program

Registered dietitian network

Jenny Craig®

Vision and hearing care

Vision exams, eyewear and contacts

LASIK vision correction

Hearing exams and aids

Tobacco cessation

Healthyroads™ tobacco cessation program

Alternative medicine

Acupuncture

Chiropractic care

Massage therapy

Mind/body

Healthyroads™ mind/body program

Fitness

Fitness club memberships

Just Walk 10,000 Steps-a-Day

Vitamins, health and wellness products

Drugstore.com™

ChooseHealthy.com™

To take advantage of Healthy Rewards savings, go to Cigna.com/rewards (password: savings) or call us at 1.800.258.3312.

* Some Healthy Rewards programs are not available in all states. If your Cigna plan includes coverage for any of these services, this program is in addition to, not instead of, your plan benefits. Healthy Rewards programs are separate from your medical coverage. A discount program is NOT insurance, and the member must pay the entire discounted charge.

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